

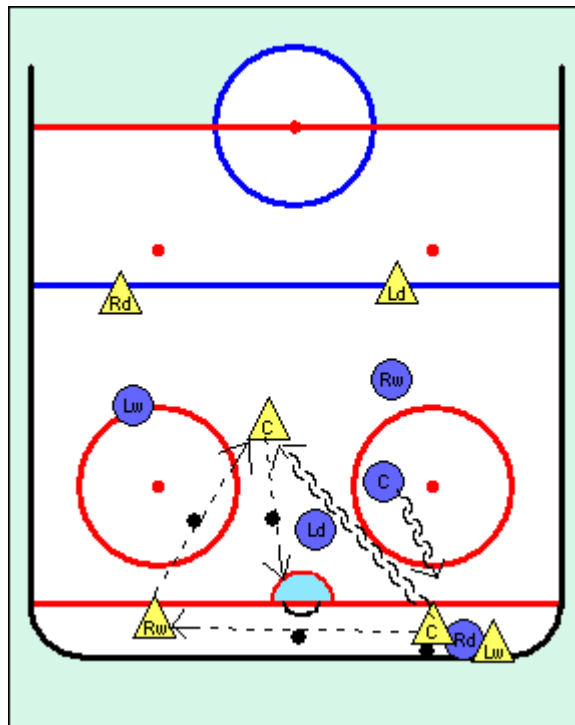


“Don’t get out numbered in our corner - regain puck control”

DEFENSIVE ZONE – BEATING THE 3 – 2 AGGRESSIVE FORECHECK

When the puck goes into our corner, their forechecking system may become very aggressive if they are losing and it’s getting late in the game. Their coach may ask their 5 player unit to play the 3 - 2 forechecking system. That means three forwards deep in our zone and two defencemen in their usual positions.

Two of their forwards, their strong side winger and their centre will go hard into our corner to win the puck and body check us, with their third forward finding an open position behind our net. Our centre should go hard to support our D in the corner and our weak side forward should cover their forward on the weak side behind our net. Our other forward would cover net front with our D. Then it just comes down as to who is going to win the puck battle.



The easiest pass from their forward if he wins the puck in our corner because he is facing the boards, and may be partially tied up by our player, and doesn’t have time to turn, skate or stickhandle, may be to simply to pass the puck behind their net to their other forward expecting him to be there and open.



Communication by our forwards and D going behind our net is the key as to who has got who in coverage.

If we win the puck we have a good chance to catch them in a 3 on 2 rush.