



“ Shoot, shoot, shoot”

OFFENSIVE ZONE – 10 LITTLE THINGS FOR FORWARDS

1. No more than 30 seconds on the ice, all out and off – if you are not tired, you are not skating or fighting for the puck hard enough – forecheck – body check – finish the check - all out
2. First player in the corners or along the boards take the man, next win the puck, do not hesitate
3. Play physical in front of their net, lift their defenceman’s stick after the puck arrives if you do not get clear possession and then win the puck and shoot, screen their goalie and establish position to get rebounds at the top of the crease
4. Watch their goalie in the warm up and in the game – figure out his style (e.g. stand up, butterfly, flopper) – big or small – moves well side to side or not – decide where his weakness is and shoot there when you get the chance
5. If they have the puck, don’t let their player get by you with the puck, run into him and lift his stick off the ice – no weak sweep or poke checks or fly-bys
6. Make a good pass to our open player if he is wide open, but don’t pass if you are open and can carry the puck. Draw their player to you, make the other player think you will be passing somewhere else and then pass where you want to or shoot
7. Shoot the puck quickly at a corner of their net when you are inside their face off circle using their defenceman as a screen, don’t try to beat their last player or pass unless our player will have an easy tap in goal
8. After getting possession, use the offensive triangle and cycling with speed to get a good scoring chance
9. Be patient with the puck on 2 on 1’s and 3 on 2’s to set up good scoring chances primarily to a player fading into the deep slot as the play develops – be careful of drop passes and no blind passes from their corner
10. Don’t pinch at their blue line unless 100% sure you can win the puck or keep it in. No last man stickhandling. No odd man rushes against us