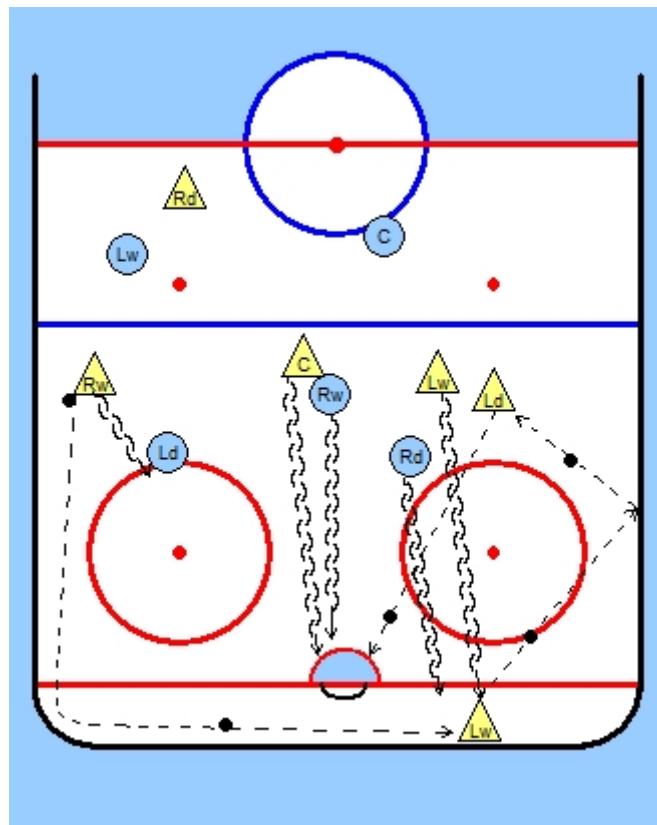




*“The key to defending a 4 on 3 is to recognize early the play is designed for their D coming late”*

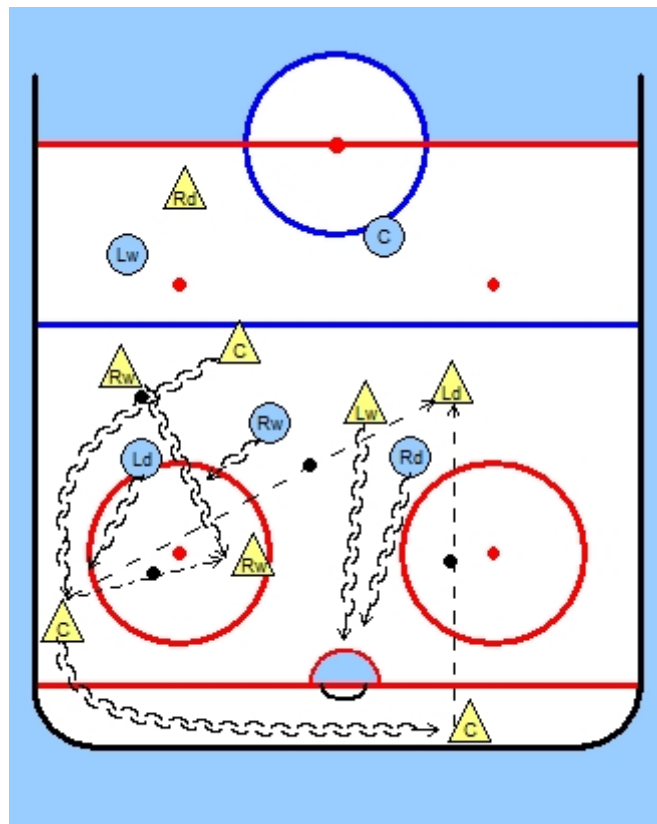
## DEFENSIVE ZONE – DEFENDING 4 ON 3’S – 3 PLAYS

1. **Around The Net To Weak Side Winger To D** – Recognize immediately this is a 4 on 3 not a 3 on 3. Our RD must beat their LW to the puck behind our net. If he does this play is dead. If he doesn't our RD should play contain stick on puck to prevent the pass to their LD coming late on the strong side. Our RW must cover their centre net front and position himself between their LW and their centre to take away any pass to their centre





2. **Winger Centre Cross To Weakside D** - Recognize immediately this is a 4 on 3 not a 3 on 3. Our LD should check their RW before the hand off to their centre as their RW starts to cut across. Our RW seeing the criss cross should cover their RW and get in the passing lane from their centre to their LD coming in on the weak side. Our LD should chase down their centre even around our net to prevent the pass to their LD



3. **Winger Buttonhook Double Centre Drive To Weak Side D** -- Recognize immediately this is a 4 on 3 not a 3 on 3. Their centre and weak side winger will drive to our net hard to try to draw both our centre and RD down low, while their strong side winger with the puck does a button hook holding our LD on that side. Their RD comes late and from the strong side to weak side for the pass from their RW. Our centre must read this play and



take away the pass across to their RD, leaving coverage of their centre and LW going to the net to our RD

