



“Finishing Checks and bodychecking cleanly is a skill not emphasized by many coaches enough”

HOCKEY ANALYTICS – BODYCHECKS/FINISHING CHECKS BY ZONE BY PLAYER - DATA COLLECTION /REPORT FORMS

1. BODYCHECKS/FINISHING CHECKS

COMPLETION INSTRUCTIONS

- **Insert the names of the teams in the nets**
- **Count all play (e.g. 5 on 5, PP, PK)**
- **Insert the player’s number who delivered the check in the location the bodycheck/finishing check took place**
- **A bodycheck/finishing check includes a very heavy hit, a squeeze out check, and a finish check after a pass is made**
- **Circle the bodycheck/finishing check if we got the puck after the check was delivered**
- **Complete the Summary Form by inserting the number of checks in each zone by period and adding/inserting the totals under “D”, “N”, “O”, for Dzone, Nzone and Ozone**
- **Advise the coaches after each period of the check count**



BODYCHECKS/FINISHING CHECKS

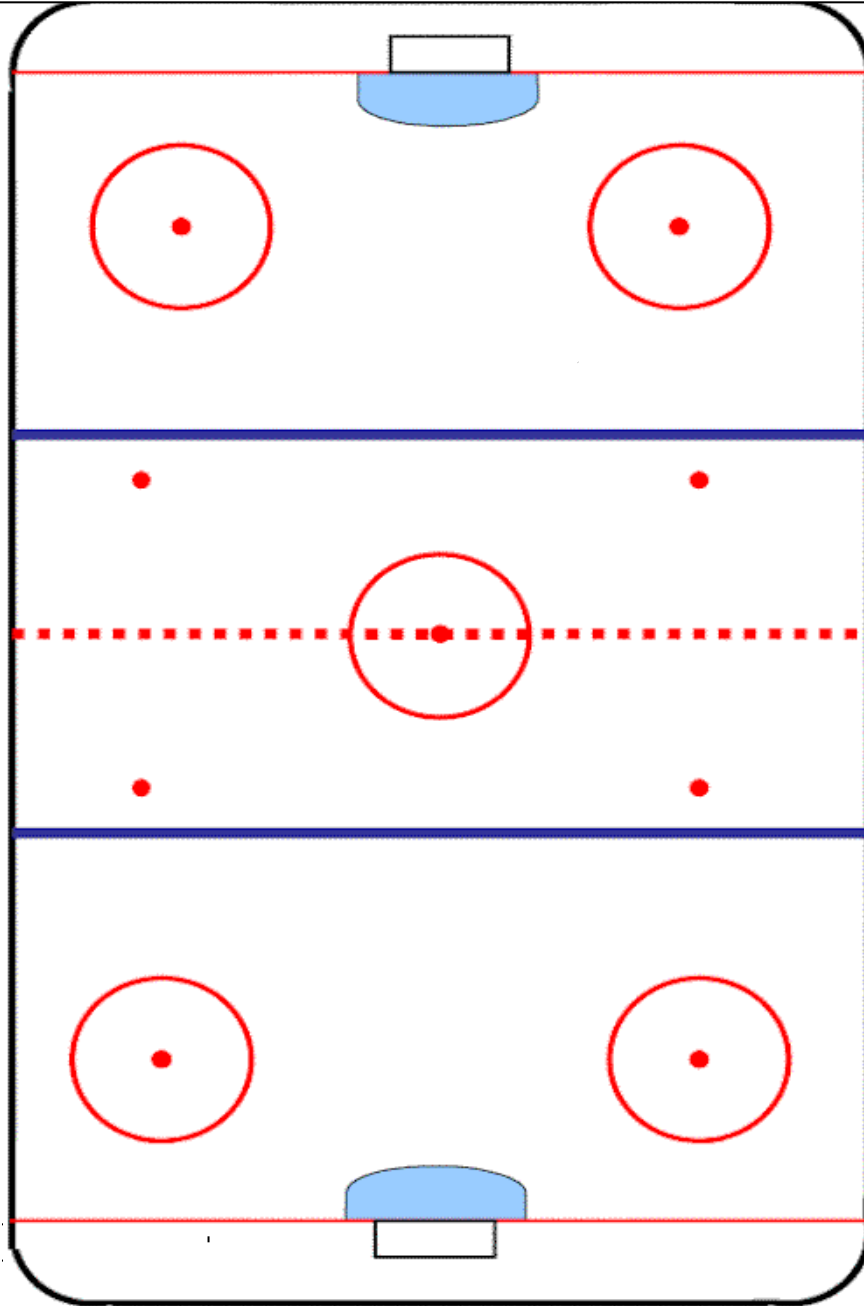
vs

Date:

Location:

Game #:

Data Collector:



									Totals		
Period 1 Dzone	Period 1 Nzone	Period 1 Ozone	Period 2 Dzone	Period 2 Nzone	Period 2 Ozone	Period 3 Dzone	Period 3 Nzone	Period 3 Ozone	D	N	O



2. TEAM PLAYER BODYCHECKS /FINISHING CHECKS REPORT FORM

(TEAM) (GAME RESULT) : BODYCHECKS/FINISHING CHECKS

Date:

TOTAL OF ____ BODYCHECKS RECORDED (Including squeeze outs): LOW/HIGH – TARGET _____. THIS STAT IS A WAY OF MEASURING THE FINISHING OF CHECKS

NO NEED FOR THE BIG HIT - OBJECTIVE IS FOR US TO GET THE PUCK AFTER THE HIT OR STOP THEIR GIVE AND GO OR THEIR PROGRESS OR THEIR SHOT

#	Player - Name	Dzone	Nzone	Ozone	TOTAL
DEFENCE					
FORWARDS					