"A 3 on 1 is just as good a scoring opportunity as a breakaway because there are 2 more players you can pass to with the goalie only being able to cover1/2 the net at a time"

## OFFENSIVE ZONE - 3 ON 1s - 3 Plays

When we come over their blue line with 3 players against 1 of their defencemen when our centre has the puck, there are many good plays that could result in a goal:

- one good play is for our centre to slow down, the two wingers go to the net wide and to the side of the centre as their defenceman continues to back in. If their defenceman lunges at our centre or stops, the centre can pass off to either forward. If the defenceman stays in the middle and continues to back in our centre waits for the opportunity to pass to a winger, the winger either scores right away or passes to the centre or the other winger for an open net goal.



## SPEED CHANGES CONFUSE THE DEFENCE

- another good play is for the centre to pass off to the winger and then go to the net driving their lone defenceman back further, then the other winger can also go to the net. Our player with the puck can either shoot or pass off to the wide side winger for a tap in goal or pass to the centre on the other side of the net

- another play is for right winger to drop slightly behind the centre, the centre to go to the right winger's position at the side and for the left winger to go to the net, receive a pass and pass back to the centre on the wing going to the net for the tap in goal


REMEMBER: THE WAY TO DEFEAT THIS PLAY IF YOU ARE DEFENDING IS FOR TWO PLAYERS TO BACKCHECK AND COVER THE OPEN PLAYERS OR FOR THE DEFENCEMAN TO INTERCEPT A PASS BY ANTICIPATING IT

