



“Plays down low simply won’t work against a well run protect the house penalty kill structure”

OFFENSIVE ZONE – POWER PLAY – 5 ON 4 – BEATING PROTECT THE HOUSE

Against a very skilled set of forwards who pass, tight cycle well, see the ice, and can score, some teams play a ‘protect the house’ penalty kill with all 4 players tight net front, only coming out to challenge the shooter and block shots. If these PP forwards continue to run close in cycles to try to score back door or net front middle or short side, they will be very frustrated.

The way to best the above is to get the “big boys out” net front at the top of the blue ice screening their goalie and get 2 exceptional slap or half slap shot shooters on the points and sides. Keep teeing up the one timers hard and low making it very difficult to block the shots and when they do it’ll hurt like hell. This plan will eventually produce deflections, rebounds and net front battles, some of which we will win.

In planning your 2 power play units have one for the finesse PK believers and one for the ‘protect the house’ PK believers

