



“ Outnumber them in their corner to regain puck control”

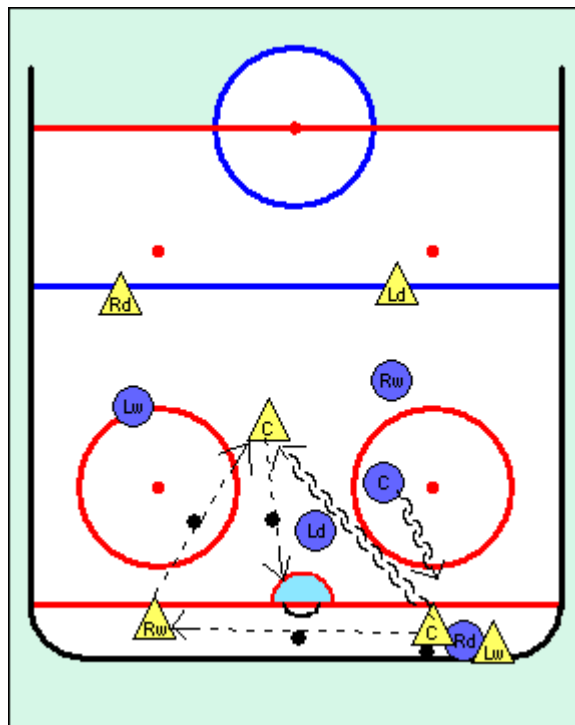
OFFENSIVE ZONE – THE 3 – 2 AGGRESSIVE FORECHECK

When the puck goes into their corner, our forechecking system must be aggressive and will be different depending on how good a chance we have to win the puck and what the score is in the game.

If we are losing a game and it's getting late, the coach may ask our 5 player unit to play the 3 - 2 forechecking system. That means three forwards deep in their zone and two defencemen in their usual position.

Puck in Their Corner - They Do Not Have Clear Control – The In Their Zone 3 -2

If we have as good or better chance to win the puck in their corner as they do, two of our forwards, the same side winger and our centre should go hard into the corner to win the puck and body check their player, with our other forward finding an open position behind their net.





The easiest pass from our forward who wins the puck in their corner because he is facing the boards, and may be partially tied up by their player, and doesn't have time to turn, skate or stickhandle, is simply to pass the puck behind their net to our other forward expecting him to be there. The behind our net forward can then make the return pass to a forward going into the open area in front of their net.

Communication by our open forward going behind their net is the key ... just call the name of our player in the corner who has the puck to let him know you are open.

When the pass is made successfully, the offensive triangle can be set up to get a good scoring chance or a pass to our defenceman may be made.

If their defensive system has their same side winger helping out in the corners and their centre trying to cover both of our defencemen at their blue line, we should be trying to pass the puck to these defencemen, especially the wide side defencemen because their centre cannot cover both of our defencemen.

Our defenceman stay at their blue line to keep the puck in if the puck happens to come up the boards, being very careful not to let one of their players get behind them in the neutral zone.

If our three forwards lose the puck and get caught deep in their zone, our fastest forward must skate all out to prevent a 3 on 2 against us or at least get back in time to cover the deep slot in our end that any good team will try to use on a 3 on 2.

NO STUPID PENALTIES