



"Old style Canadian hockey, dump it into their end and go get it"

OFFENSIVE ZONE – DUMP AND CHASE – 4 PLAYS

If we are coming over their blue line 3 on 2, or 2 on 2, or 1 on 2, with trailing other players, sometimes in stead of trying to keep possession of the puck and make a nice passing or individual play to get by their defence, it is better to shoot the puck into their zone away from their players and aggressively chase the puck to gain possession again. This may be because you know you cannot get around the defenceman because you are going too slowly or because the defenceman has you angled off or because your other players are all covered and you cannot make a safe pass.

It's better to get the puck into their zone deep than to lose the puck at their blue line. And if their defence are playing high and we have good speed, we can beat them to the puck without having to execute a good passing play to get a good chance to score.

This tactic is very effective if their defencemen don't skate very well, we want to wear them down or we are winning and want to play it safe.

4 different plays could work depending on the speed of our forwards, and the positions of their players:

(1) Same Side Shoot In - Around the Boards/Their Net Hard

If our player has the puck skating towards their blue line fairly close to the boards, he can shoot it hard around the boards behind their net. Normally the puck will get around the net and not be stopped behind the net by the goalie as is done in the NHL. This enables two of our other forwards to skate hard to the puck in their corner with our player who gets there slower to back up our player who gets there first in case their defenceman just bangs the puck up the same side boards.

If our player gets to the puck before their player and can immediately get possession of the puck, great, he can make a pass to a forward going to the net. If he gets there at the same time or just after their player, our player must immediately "take the body" and body check their player off the puck and stay with him, **finishing the check**. Our second player in picks up the puck and makes a play or shoots.



hockeyplayerdeveloper.com









(2) Same Side Shoot In – Soft

If our player has the puck skating towards their blue line fairly close to the boards, he can shoot it softly into the same side corner and then he and another one of our forwards can skate hard to the puck as in the example above ... and

THE FIRST MAN IN TAKES THE MAN, THE SECOND MAN IN TAKES THE PUCK







(3) Opposite Side Shoot In – Hard Or Soft

If our player has the puck skating towards their blue line fairly close to the boards, he can shoot it hard or soft and high into the opposite side corner and then two of our forwards can skate hard to the puck as in the example above. A high and soft play will give our players more time to get to the puck before their players. If we are going to get to the puck first our second player in backs up the first on the boards and the far side winger goes to the net for a pass, or if our player and their player get there at the same time ...

THE FIRST MAN IN TAKES THE MAN, THE SECOND MAN IN TAKES THE PUCK







(4) Same Side Shoot In – Hard

If our player has the puck skating towards their blue line fairly close to the boards, he can shoot it hard into the same side corner just to the side of their net, low, so the puck bounces off the lower boards back out towards the shooter in front of the net. Our centre anticipating this is the play will skate hard by their defence and pick up the puck behind their defence and have a good scoring chance.



A GOOD WAY TO DEFEND AGAINST THESE PLAYS IS FOR THE DEFENCMEN TO GET TO THE PUCK FIRST WHEN IT IS SHOT IN AND START A BREAKOUT PLAY