



“When we have the puck when penalty killing, all of our players should be separated and open so we can move the puck around and waste time”

NEUTRAL ZONE - PENALTY KILL

One Short

The 2 – 2

When they come out of their end on a power play breakout, one forward should challenge their puck carrier under control and make him pass either sideways or back. In either case our other forward challenges the puck carrier to again do the same thing and by this time they are approaching our blueline and have to shoot the puck in deep as our defencemen are holding our blueline. Basically our 2 forwards have cut the ice in half each taking a challenging position on one side and then the other attempting to cause bad passes or intercept a pass.

The 1 - 3

The 1 – 3 is basically the same as the above except there is only one forward pressing their puck carriers all the way to our blueline where we have 3 players across the line forcing them to shoot the puck in.

Two Short

Our one forward should stay in the middle trying to hurry any passes and making sure he does not get caught in the neutral zone behind their 3 forwards.